

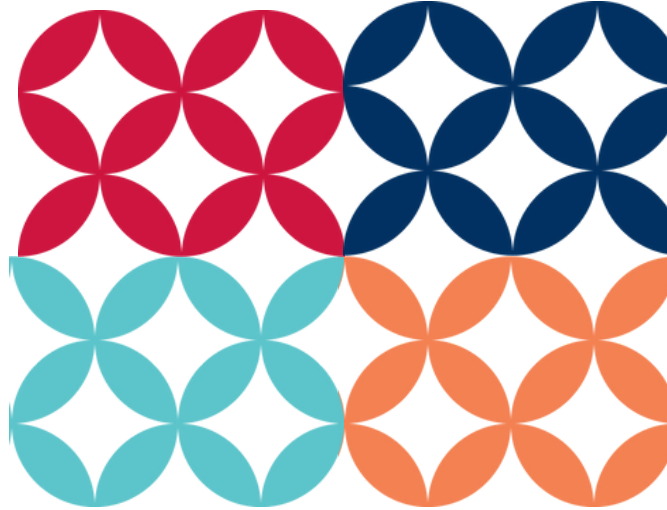
WHY CHOOSE US?

My Social Support Network is an independently owned Workplace Rehabilitation Provider. We are the only Accredited Specialised Job Placement Provider for people with psychological injuries in NSW or people who have become socially isolated.

At the core of My Social Support Network (MSSN) is the belief that every person injured at work deserves to be in control of and feel connected to others through their return-to-work journey.

How we achieve this is through:

1. Community re-engagement and employer networking programs
2. Peer/adult opportunities to learn about health and wellbeing in a safe place. Members can build good healthy practices which help recovery
3. A place to socialise and build confidence; build skills needed to get back to work
4. Daily support for building confidence and return to work strategies



Contact Us

+61 2 8044 4990



Email Us

info@mssn.com.au



Visit Us

www.mssn.com.au



facebook.com/mysocialsupportnetwork



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ABN: 76 614 624 494



my social
support
NETWORK

Social Recovery Rehabilitation Specialists

Our online technology and membership site also make us accessible to rural and remote areas, making our service available at any time from any place.

NSW SIRA Accredited
Workplace Rehabilitation Service Provider
#965

Our Specialty

We build individual capacity using community in a way that is engaging, innovative, and fosters independence.

We support people who are at risk of social isolation due to a workplace injury or illness or they are isolated and/or lonely

Our Difference (Our Programs)

Building Capacity

We build psychological and social capacity to increase medical capacity and support sustainable job placement.

Reduce Isolation

Provides opportunities for community participation and development of meaningful relationships. Includes ways to connect socially with peers and employers. Also provides a forum to develop appropriate coping strategies and problem-solving skills in a safe place.

Return to Work

Designed to re-connect workers in a safe way back to a strong self-agency with the support of other network members, health practitioners, local community organisations, and employers.

CALL US NOW +61 2 8044 4990
EMAIL US NOW info@mssn.com.au
VISIT US NOW www.mssn.com.au

Their best tomorrow begins today

SOCIAL RECOVERY



Every single person who completed My Social Support Network programs gained significant social, physical & psychological recovery outcomes.

COMMUNITY



Members of MSSN are connected to other injured workers to support initial recovery and then provided ongoing support, even after a claim ends.

SATISFACTION



All participants who completed the Personal Development program went on to join a bi-weekly social check in because they wanted to. Some asked to present their own workshops. Everyone reported feeling like they belonged.

REFER NOW: www.mssn.com.au