

Social Recovery Rehabilitation Specialists

At the core of My Social Support Network is the belief that every person deserves to belong and be in control of their recovery.

We offer

- Community focused engagement
- Employer networking programs
- Expert Rehabilitation Counsellors, Psychologists, Employment Consultants, and special guests for mentoring and coaching
- Daily support for building confidence and connecting to community.

My Social Support Network is the only workplace provider in NSW with SIRA accreditation for Specialised Job Placement for people with psychological injury (primary and secondary).

CALL US NOW +61 2 8044 4990
EMAIL US NOW info@mssn.com.au
VISIT US NOW www.mssn.com.au

Your best
tomorrow
begins today



Contact Us

+61 2 8044 4990



Email Us

info@mssn.com.au



Visit Us

www.mssn.com.au



facebook.com/mysocialsupportnetwork



linkedin.com/company/my-social-support-network/



[@mysocialsupportnetwork](https://www.instagram.com/mysocialsupportnetwork)



youtube.com/@mysocialsupportnetwork

ABN: 76 614 624 494



my social
support
NETWORK

ARE YOU AN
INJURED
WORKER?

HOW WE HELP

Our online technology and membership site make us accessible to people in rural and remote areas.

Our services are available to our Members in the comfort of their own homes when leaving the house is difficult.

NSW SIRA Accredited
Workplace Rehabilitation Service Provider
#965

Our Specialty

1. Placing you at the center of your recovery
2. Are you finding it hard to go outside, find hobbies or get back to work? Then we bring the world to you.
3. We will build a community around you.
4. We will support you to explore your passions and interests and if it's available to you then we will help you step into a career.
5. We work at your pace and stay connected throughout your recovery journey and beyond.
6. We help you get your life back.



Our programs will help you:

Find your tribe

Our programs provide opportunities for social engagement, community participation and for the development of meaningful relationships. We facilitate ways to connect you socially with peers and employers. We also provide a forum to develop appropriate coping strategies and problem-solving skills in a safe place.

Build your best you

Have you had trouble getting motivated? Have you had trouble setting and sticking to goals? Is procrastination your best friend? Then this program is designed to build the foundations to build your best you!

Find your next job

Designed to help you explore the best career path back to work. We will help you find a goal, create a resume, meet employers and get you training and support.

Stay connected

Just because your claim ends doesn't mean the community support has to. We stay connected for as long as you need.

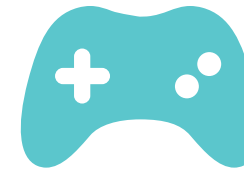
Your Choice

CHOICE



Every Member in My Social Support Network can choose the programs, the level of support and the amount of community engagement that they want.

CONTROL



Every Member in My Social Support Network controls how and when they connect with the community and the programs to support their own goals.

CONNECTION



Members who show up regularly to sessions, accept the support and engage within the community are successful in their employment or connection to community goals.

CALL US NOW +61 2 8044 4990

EMAIL US NOW info@mssn.com.au

VISIT US NOW www.mssn.com.au